

**SENATE
STATE OF MINNESOTA
NINETY-THIRD SESSION**

S.R. No. 76

(SENATE AUTHORS: NELSON and Utke)

DATE
02/29/2024

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Introduction
Referred to Rules and Administration

OFFICIAL STATUS

1.1 A Senate resolution
1.2 designating Hypertrophic Cardiomyopathy Awareness Day and encouraging efforts
1.3 to educate people about hypertrophic cardiomyopathy.

1.4 **WHEREAS**, Hypertrophic Cardiomyopathy (HCM) is a chronic cardiovascular disease
1.5 involving thickening of the heart muscle that can potentially lead to debilitating symptoms and
1.6 serious complications, including heart failure, atrial fibrillation, stroke, and in rare cases sudden
1.7 cardiac death; and

1.8 **WHEREAS**, HCM is the most common inheritable heart disease and can affect anyone
1.9 regardless of age, gender, or ethnicity with a reported prevalence ranging from 1 in 200 to 1 in 500
1.10 in the general population; and

1.11 **WHEREAS**, an estimated 700,000 people in the United States have HCM, yet 85 percent
1.12 of them may remain undiagnosed; and

1.13 **WHEREAS**, HCM shares symptoms with other common cardiovascular and pulmonary
1.14 diseases, such as shortness of breath, chest pain, fatigue, palpitations, and fainting, making it difficult
1.15 to distinguish HCM from these other diseases; and

1.16 **WHEREAS**, all-cause mortality risk is three to four times higher in patients with HCM than
1.17 that of the general population; and

1.18 **WHEREAS**, knowing one's medical history and any signs and symptoms of HCM is an
1.19 important first step in receiving an accurate diagnosis of HCM; and

1.20 **WHEREAS**, a health care provider must conduct a thorough screening with cardiac health
1.21 questions to help identify a risk of cardiac disorders, both genetic and congenital; and

1.22 **WHEREAS**, a health care provider may conduct several tests, including an echocardiogram,
1.23 a cardiac MRI, or genetic testing to confirm a family history of HCM, and must examine the heart
1.24 to diagnose HCM; and

2.1 **WHEREAS**, following a diagnosis of HCM, it is important for patients to work with their
 2.2 health care provider to learn more about their disease and understand different management options,
 2.3 including prescription medicines and surgical treatment options that may help; and

2.4 **WHEREAS**, the fourth Wednesday in February is an appropriate day to observe Hypertrophic
 2.5 Cardiomyopathy Awareness Day; and

2.6 **NOW, THEREFORE, BE IT RESOLVED** by the Senate of the State of Minnesota that
 2.7 it:

2.8 (1) designates the fourth Wednesday in February of each year as "Hypertrophic
 2.9 Cardiomyopathy Awareness Day" in the state of Minnesota in order to raise public awareness about
 2.10 hypertrophic cardiomyopathy;

2.11 (2) acknowledges the critical importance of hypertrophic cardiomyopathy awareness to
 2.12 improve cardiovascular health in the state of Minnesota;

2.13 (3) supports raising awareness of the consequences of undiagnosed and untreated hypertrophic
 2.14 cardiomyopathy and the need to seek appropriate care for hypertrophic cardiomyopathy as a serious
 2.15 public health issue; and

2.16 (4) respectfully requests the governor to issue annually a proclamation recognizing the fourth
 2.17 Wednesday in February in the state of Minnesota as "Hypertrophic Cardiomyopathy Awareness
 2.18 Day" and calls upon the people in the state of Minnesota to observe the day with appropriate
 2.19 programs and activities.

Tom Bottern
 Secretary of the Senate

Erin P. Murphy
 Chair, Senate Committee on
 Rules and Administration

Carla J. Nelson
 State Senator, District 24