

# **Maternal and Infant Health Programs**

Karen Fogg | Maternal and Child Health Section Manager Senate Health and Human Services Finance and Policy March 8, 2021

PROTECTING, MAINTAINING AND IMPROVING THE HEALTH OF ALL MINNESOTANS

#### **Title V Block Grant**



- Federal-state-local partnership that is key source of support to improve the health and well-being of Minnesota's mothers, children and families.
  - Federal funding: \$9.104 million
    - By state statute, \$6 million to local public health
    - Required 75% state match
- In 2019, the MCH Programs served:
  - 39% of pregnant women
  - 100% of infants under one
  - 39% of children and adolescents
  - 100% of children with special health care needs



#### **Title V Block Grant**



- Relevant Title V priority areas (2020-2025) include:
  - Care during pregnancy and delivery
  - Infant Mortality
  - Accessible and Affordable Health Care
  - American Indian Families
  - Parent and Caregiver Support
- At MDH, Title V provides programmatic support for maternal, infant, child, and adolescent health including technical support
- Local Public Health uses Title V funds to support local needs
  - Ramsey County's Birth Equity Community Council engages the community to prioritize action, including creating the Doula Dads training to empower men as perinatal educators



#### **Birth Defection Prevention and Screening**



- Birth Defects Prevention
  - New grants to imbed preconception care in well-child doctor's visits to improve mother's health
  - Two grants for community-led projects addressing risk factors for the most common birth conditions (e.g. smoking, substance misuse, hypertension)
  - Birth Defects Surveillance 2,200 families served annually
    - Monitor trends of birth defects to detect emerging health concerns and identify affected populations
    - Assure appropriate services are provided to affected families
    - Stimulate research on risk factors, treatment, prevention, and the cure of birth defects



### **Improving Maternal Health**

#### Minnesota Perinatal Quality Collaborative

- Seeks improve the quality of prenatal, labor and delivery, and postpartum care by creating a network of
  organizations, medical providers, and community voices to address specific maternal and infant health issues
- Collaborating on premature births, maternal opioid use and hypertension
- \$300,000 annual grant from CDC ending in 2022
- Maternal Mortality Review Committee
  - Multidisciplinary committee reviews every maternal death
  - Releases recommendations for changes in practice, systems of support, and patient education
  - Supported through a combination of Title V and State General Funds
- Positive Alternatives Grant Program
  - Promoting healthy pregnancy outcomes and assisting pregnant and parenting women in developing and maintaining family stability
  - \$3,357,000 annually to non-profit organizations; 27 new grants in January 2021



### **Addressing Disparities in Maternal and Infant Health**

- Pregnancy Risk Assessment Monitoring System (PRAMS)
  - Population-based survey on maternal behaviors and experiences before, during, and shortly after a woman's pregnancy
  - Data collected is not available from any other source
  - Used by Federal Reserve Bank Minneapolis, local public health, oral health program, Environmental Public Health Tracking
  - \$160,000 grant from CDC
- Eliminating Health Disparities Initiative grants
  - 25 grants to community-based organizations and tribes
  - Infant mortality and teen pregnancy are two of several priority areas
  - Around \$5 million State General Funds annually
- Calling All Sectors Learning Collaborative
  - Goal is no child is born into homelessness, with special emphasis on American Indian and African American families
  - Identify innovative solutions and forge lasting collaborations across state agencies and community organizations
  - Funded by Pew Charitable Trust and Robert Wood Johnson Foundation



### **Promoting Infant Health**





Infant Safe Sleep Week Nov 9-14, 2020



ဖိသဉ်ဆုံးအတာ်မဲလာအပူးဖူံးစီးတာ်ဘဉ်ယိဉ် သူဉ်ညါဂ်၊ီခီဉ်ထံးတဂ်ဂ် A-B-C



#### သူဉ်ညါတာ်ဂူၤ်လ၊အမာသးနီးနီး

စိသဉ်စိတဂၤလၤ်လၤ်သံဝဲသ္ဝဲလ၊အုမ်အဖမှ်၊ မူတမ္န၊ မံအိုဉ်ဘုံး အဖမှန်နိုင်လီး, စီသဉ်ဆုံးအတုန်သံလာအဘုဉ်ထွဲဒီးတုမြန်ခိုတုန် သင်္ခရီးသင်္ဂလီး, စီသဉ်စီလာအစံ မတမ် မီဆိုဉ်ဘုံးဘဉ်အသူး *ເ*ທຊິລິພາເຫໂຊຊິລິພະເທຊາຫາກກໍລິຫາກການລູລິມີຍໂຫໂເດີເກລີ ຝໍລິດາອາໂລ້ວວາກົດການຈາກອາໂດກອົງໃນໃຊ້ รวิณี, ญี่สุดเกอร์เงาอร์รีมรายาโน้ามะสะสุดร์สำรุวิษโ రాగంబరురిగిరి కనిరిచిన అరాగతఅనినలుగిరాగ్ అనిమికి అంతాలు လိုးဆက္ခဲလ၊ဆူပူးဖွဲးစီးတဉ်ဘုန်ယိုန်နွန်လီး, ပူးတဂၤလုလုလု၊ဆု အီးထွဲကွန်ထွဲစီသည်စီကြားသည်သူပြဲနည်တန်ဂုန်တဖည်ဆုံးလ၊တန် ကဟာဖိသဉ်လာအမှာဖွဲးစီးတစ်ဘုဉ်ယိုဉ်လီး,

#### ထီဘိ

#### သူဉ်နှိဉ်ထီဉ်င်္ဂါနီဉ်ထီးတဂ်္ဂါ A-B-C ဘဉ်ယးတဂ်မံလာအပူဖွဲး နီးတစ်ဘဉ်ယီဉ်

- ALONE (ထဲတဂၤနီ) ထီဘိန္ဦစီသဉ်ဆံံးကြားခံ မူတမ္န) ခံဆိုဉ်ဘုံး ထဲတဂၢရီးလီး,
- BACK (ရှာယံ)- ထီဘိန္ဒဉ်ဟ်လီးဖိသဉ်လာအရှာယံဖံ အဖံ မတမ်၊ မံအိုဉ်ဘုံးအခါ,
- CRIB (8သဉ်လိုမံစဉ်)- ထီဘိန္ဉ်ဖိသဉ်ကြားမံ မူတမ်ာ မံ အိုဉ်ဘုံးဝဲလ၊အဝဲသှဉ်အနိုးကစါအလိုးမံစုဉ် မတမု၊ တဂ်လိဉ် ကွဲအက္ခရာပူးလ၊ လ၊အိုဉ်ဒီးတာပူးဖွဲးအတာအုဉ်ကီးနှဉ်လီး, ထူးထိဉ်ကွာ် လိုမံလိုးဒါ, တစ်ာခဉ်လာအတုဒီယာတ်, ယဉ် လူး, တဂ်ဂီးစီ မတမ်၊ ခို၌သခု၌လ၊အလီးကိုလ၊ အစဉ်ပူးလ၊



- Surveillance on infant mortality and other infant health data, including breastfeeding
- Promoting safe infant sleep through education, information and National Safe Sleep Hospital certifications
  - Governor Walz proclaimed November 9-14, 2020 as Infant Safe Sleep Week in Minnesota
  - Wide distribution of safe sleep materials to community organizations and health care providers in a variety of languages
- Bereavement support to families following the death of an infant or a stillbirth
- Activities supported through Title V and State General Funds

#### Minnesota WIC Program

- A public health nutrition and breastfeeding program funded by USDA
  - Annual grant to MDH: \$33 M NSA\* funding, \$57M Food funding
  - Serves over 100,000 low-income women, infants and children every month.



- In 2018, served approximately 40% of all infants born in Minnesota.
- Participants receive an individualized nutrition assessment along with education and referrals to community resources.
- WIC provides healthy foods including fruits, vegetables, whole grains and low-fat dairy.
- WIC promotes and supports breastfeeding, including exclusive breastfeeding for the first six months of an infant's life
  - Breastfeeding initiation has increased steadily in MN WIC between 2001 and 2019.
  - Many local WIC programs provide peer breastfeeding support to mothers and infants.
  - Women of all races/ethnicities with a WIC breastfeeding peer counselor had significantly higher breastfeeding initiation rates.





# Thank you

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