

Elementary Mental Health Classrooms (EMHCs)

Year 1 data at Karner Blue Education Center

- Located at special education school in Blaine
- Students learn academic and social-emotional skills in a school environment
- Mental health clinicians work side-by-side with a teacher and education assistants in the classroom
- The goal is for students to gain the necessary skills to return to their home school district.
- In the first year there were two classrooms serving 13 students combined
- All student showed progress on their individual goals

Our results demonstrate that continued funding is a good investment.



Seven students avoided **costly hospitalization**
Savings: \$1,413,013^b



Two students avoided **out of home placement**
Savings: \$154,560^a



One student is **successfully transitioning to their home district.**



Students who more **independently manage their symptoms** after one year in an EMHC¹

Students who showed a **reduction in mental health symptoms** or disruptive behaviors²



The educational costs for these students run through the same state tuition billing system as all other special education services.



Third-party billing pays for about 81% of the costs.



Grant dollars are needed to cover the remaining \$5,300 per student per year.



This grant is due to expire in June 2020.

Northeast Metro 916 and Canvas Health

Canvas Health partners with Northeast Metro 916 to offer these mental health classrooms. Together, we have seen much more success than we anticipated. With the significant challenge is the workforce, **916 and Canvas are very concerned about the lack of continuity if resources are disrupted for next year.** Without them, Canvas may not be able to keep the clinicians they already struggled to find, which will delay services again if/when we can rebuild when resources come through.



a: Average daily rate for a residential treatment facility is \$322, with an average stay of 240 days.

b: According to the Minnesota Hospital Association, average psychiatric hospital stay is 7 days at \$201,859 per student.

1: As measured by the Strengths and Difficulties Questionnaire (SDQ), a behavioral screening questionnaire that may be completed by the student, their parents/caregivers and teachers.

2: As measured by the Child and Adolescent Service Intensity Instrument (CASII) is a standardized assessment tool that provides a determination of the appropriate level of service intensity needed by a child or adolescent and their family.